



SHABBAT SHPIEL

OHEV SHOLOM — THE NATIONAL SYNAGOGUE

Volume 7, Issue 9

November 13, 2015

ANNOUNCEMENTS

This week's Kiddush Luncheon and Seudah Shlishit are sponsored by the Sacho—Tanzer Family in celebration of Adin's Bar Mitzvah. Mazal tov, Adin!

Mazal tov to the Fruchter family on the occasion of Ora's wedding!

Mazal tov to Jeremy and Chani Furchtgott (and the Furchtgott-Roth and Malul families!) on the birth of a baby boy! The baby was born on Thursday, Nov. 12, and the bris will take place next Friday in Jerusalem. All able to attend are invited.

A few extra Kosher Switches are available for \$36 per switch. The Kosher Switch is permitted to use on Shabbas, provided that it is in the Shabbas mode and that the light is on green. For more information on how it works, please visit:

<http://www.kosherwitch.com/live/tech/how>

Upcoming Kiddush Schedule

11/21: Kiddush Lite

11/28: Light Lunch

12/5: Kiddush Lite

12/12: Kiddush Lite

Ohev Sholom will once again host a communal meal on Thanksgiving! This event is open to all and completely free. Join us from 2:30 to 4:45 PM for a traditional Thanksgiving feast, a *Free Birds* screening for kids, and a talk from Rabbi Herzfeld about the spiritual importance of the holiday.

To RSVP, please call (202) 882-7225, email info@ostns.org, or register online at:

<http://ostns.org/Calendar/Detail/419/2015-11-26>

Seeking volunteers for Seudah Shlishit prep! Are you available to help on an upcoming Shabbat? If so, please visit <https://goo.gl/mBuOdG> and add your name to the schedule.

Happy Birthday to Hilary Bierman, Tamar Glasner, Daniel Javitt, Dov Kahan, Rachel Lieberman, Andrea Muzin, Emily Reisler, Michael Shurkin, Noa Silverstein, Corin Stone, Nava Weiss, Samuel Wloszczowski, and Rimonne Zakheim!

UPCOMING EVENTS

JFGH Party | Tuesday, Nov. 17 | 7:00 PM

Join us for arts and crafts, live music, and dinner! No RSVP required.

Raising Our Children with Healthy Body Image with Dr. Alisa Schwartz | Tuesday, Nov. 17 | 8:00 PM

Body image is such a complicated issue for many people. This talk will focus on steps parents can take when dealing with food, body, and self-esteem more generally to help our children feel positively about their body image. For more information, please visit:

<http://ostns.org/Calendar/Detail/410/2015-11-17>

MAKOM Shabbaton | Nov. 20 — 21

The girls of our community, grades K-12, are invited to participate in this opportunity to spiritually enhance the congregation. For more information, visit: <http://ostns.org/Calendar/Detail/409/2015-11-20>

To RSVP for the **MAKOM Friday Night Dinner**, visit: <http://ostns.org/Calendar/Detail/421/2015-11-20>

OSTNS Book Club | Sunday, Nov. 22 | 7:30 PM

Nina Tarley will lead a discussion on *Lost in Translation* by Eva Hoffman. All are welcome.

Chanukah 5776: Chanukah is Awesome!

Information about our Chanukah programs can be found at: <http://ostns.org/chanukah>

THIS WEEKEND AT A GLANCE

Parsha — Toldos

Friday, November 13

Candle Lighting — 4:38 PM

Mincha & Kabbalat Shabbat — 4:40 PM

Saturday, November 14

Mashkimin — 7:30 AM

Shacharit — 9:15 AM

Mincha — 4:15 PM

Havdalah — 5:38 PM

Sunday, November 15

Shacharit — 8:30 AM

Mincha/Maariv — 4:40 PM

CALENDAR OF EVENTS

Friday, November 13

4:38 PM | Candle Lighting

4:40 PM | Mincha & Kabbalat Shabbat

Saturday, November 14

Adin Sacho-Tanzer's Bar Mitzvah

7:30 AM | Mashkimin

9:15 AM | Shacharit with a Dvar Torah from Adin Sacho-Tanzer

(followed by a Kiddush Luncheon)

3:10 PM | Daf Yomi

4:10 PM | Mincha, followed by Seudah Shlishit with a Shiur from Adin Sacho-Tanzer

4:30 PM | Makom Shabbaton Preparation Workshop #3 ("How to Give a Dvar Torah" with Sarah Gershman)

5:34 PM | Havdalah

Sunday, November 15

8:30 AM | Shacharit

10:30 AM | DC Area Jewish School Open House
(see *More Upcoming Events* for details!)

1:00 PM | East Rock Creek Village Volunteer Training
(see *More Upcoming Events* for details!)

4:40 PM | Mincha/Maariv

7:30 PM | In Shifra's Arms: Drawings & Desserts
(see *More Upcoming Events* for details!)

Monday, November 16

6:30 AM | Shacharit

7:30 PM | Maariv

8:00 PM | Strategic Planning Session

Tuesday, November 17

6:30 AM | Shacharit

7:00 PM | JFGH Party

(see *Upcoming Events* on page 1 for details!)

7:30 PM | Maariv

8:00 PM | Body Image Talk with Dr. Alisa Schwartz
(see *Upcoming Events* on page 1 for details!)

Wednesday, November 18

6:30 AM | Shacharit

7:30 PM | Maariv

7:45 PM | Midrash on the Parsha with Baruch Roth (Pt. 3)

Thursday, November 19

6:30 AM | Shacharit

7:30 PM | Maariv

Friday, November 20

6:30 AM | Shacharit

4:33 PM | Candle Lighting

4:35 PM | Mincha & Kabbalat Shabbat

5:30 PM | MAKOM Shabbaton Friday Night Dinner
(see *Upcoming Events* on page 1 for details!)

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Maharat Ruth Balinsky Friedman	MaharatRuth@ostns.org (202) 882-7225, ext. 105

MORE UPCOMING EVENTS

DC Metro Area Jewish Day School Open House

Sunday, Nov. 15 | 10:30 AM — 12:30 PM

Location: Ohev Sholom

All Jewish Day Schools in DC and Montgomery County will be joining us! The focus of the program will be on K—6 education. The open house will begin with a short presentation by Dr. Abe Sterne, a local child psychologist and parent who will provide his view on how to prioritize when choosing a school. Dr. Sterne will then moderate a panel with representatives from each school. This panel will be followed by time to ask your own questions at tables around the room. For a list of schools in attendance and event registration, please visit: <http://ostns.org/Calendar/Detail/411/2015-11-15>

East Rock Creek Village Volunteer Training

Sunday, Nov. 15 | 1:00 — 5:00 PM | @ OSTNS

Location: Ohev Sholom

OSTNS will host a volunteer training for the senior living village currently in formation covering areas east of Rock Creek. ERCV will service all of our neighbors ages 50+ who are interested in becoming members for a modest annual fee. This project is part of a nationwide movement with numerous volunteer opportunities for neighbors to help neighbors with tasks such as transportation to appointments, home maintenance, and educational and social activities. RSVP to Susan Learmonth at (202) 271-1309 or susan.learmonth@gmail.com.

In Shifra's Arms: Drawings & Desserts

Sunday, Nov. 15 | 7:30 — 9:30 PM

Location: 11705 Gainsborough Road, Potomac, MD 20854

Please join In Shifra's Arms, a unique Jewish National Organization dedicated to helping vulnerable Jewish pregnant women to create a positive future for themselves and their children, as they launch their first national web commercial and host an art show and contest. Co-sponsored by Ohev Sholom.

For more information, please visit:

<http://inshifrasarms.org/event/launch>

ONGOING CLASS SCHEDULE

Daf Yomi

Meets daily; contact RabbiShmuel@ostns.org for times

Parsha Class for Women with Rabbi Herzfeld

Weekly on Mondays, 12:30 PM

Hebrew Reading Class with Rabbi Jonathan Hack

Weekly on Tuesdays (through December 15), 7:45 PM

Downtown Torah Study with Rabbi Herzfeld

Weekly on Wednesdays, 12:30 PM

(meets at 607 14th Street, NW, Suite 800)

Proverbs Class with Sherri Vishner

Weekly on Wednesdays, 7:45 PM

Shabbat Shiur with Chaim Fruchter

Weekly on Saturdays, 30 minutes before Mincha

Note: not meeting 11/14

Class with Rabbi Ben Mintz

Weekly on Sundays, 9:30 AM