



SHABBAT SHPIEL

OHEV SHOLOM — THE NATIONAL SYNAGOGUE

Volume 7, Issue 8

November 6, 2015

ANNOUNCEMENTS

This Shabbat, a Kiddush Lite will follow services.

Mazal Tov to Bill and Starr Stixrud on the birth of their granddaughter!

Ohev Sholom welcomes Rabbi Joseph Friedman for a guest lecture this Sunday! For more information, please see next column.

Rabbi Herzfeld's daily five-minute perspectives on the Daf Yomi are now available in podcast form! PodBean: <http://rabbishmuelherzfeld.podbean.com/> iTunes: <https://goo.gl/MpQUlw>

If you're interested in sponsoring a podcast in memory of a loved one, please contact Rabbi Herzfeld at RabbiShmuel@ostns.org.

Upcoming Kiddush Schedule

11/14: Kiddush Luncheon sponsored by the Sacho—Tanzer Family in celebration of Adin's Bar Mitzvah (Mazal tov, Adin!)

11/21: Makom Shabbaton Kiddush

11/28: Light Lunch

12/5: Kiddush Lite

Ohev Sholom will once again be hosting a communal feast on Thanksgiving! This event is open to all and completely free. Join us from 2:30 to 4:45 PM for a traditional Thanksgiving feast, a *Free Birds* screening for kids, and a talk from Rabbi Herzfeld about the spiritual importance of the holiday. To RSVP, please call (202) 882-7225, email info@ostns.org, or register online at: <http://ostns.org/Calendar/Detail/419/2015-11-26>

Seeking volunteers for Seudah Shlishit prep! Are you available to help on an upcoming Shabbat? If so, please visit <https://goo.gl/mBuOdG> and add your name to the schedule.

Happy Birthday to Hanna Abrams, Tabitha Davidson, Nathaniel Frum, Rick Gwynallen, Teal Hyman, Ezekiel Jaffe, Caleb Kurtzer-Ellenbogen, Jessica Lieberman, Harry Malech, Noa Rieger, Adin Sacho-Tanzer, Miriam Schulman, Bill Stixrud, Suzanne Stone, John Thomas, Elaine Troy, and Tamar Zakheim!

SUNDAY, NOVEMBER 8

Guest Scholar: Rabbi Joseph Friedman
"The War Against King David and Saul"
9:15 — 10:15 AM

Please join us for brunch and a lecture from Rabbi Friedman!

Rabbi Joseph Friedman, educated at Yeshivat Chofetz Chaim, Baltimore, Maryland, and at Yeshiva University, combines his Judaic training with a Juris Doctor degree in law. He has over 20 years of legal experience, including positions as an Appellate Attorney for the United States and as a trial lawyer in private practice. Rabbi Friedman has a Master's degree in education. He began his teaching career in the Washington, DC Public School system, Urban Inner City Teachers Corps Program. With over 35 years of teaching experience, Friedman was an Adjunct Instructor of Law at the Washington College of Law at American University for over 10 years. He has been a guest speaker at synagogues, the Montgomery County Jewish Community Center's Adult Education Program, and at Georgetown Law School. For more information about Rabbi Friedman, please visit:

<http://ostns.org/Calendar/Detail/408/2015-11-08.php>

On-Site Flu Vaccine Clinic

9:00 AM — 1:00 PM

Open to the public! Flu shots available for ages 9 and up. Insurance coverage is accepted. Please bring your insurance information and a photo ID. Those without insurance will not be turned away! *Getting a flu shot this season can be considered a mitzvah, as it is generally speaking a thoughtful and righteous act to vaccinate oneself.*

THIS WEEKEND AT A GLANCE

Parsha — Chayei Sara

Friday, November 6

Candle Lighting — 4:44 PM

Mincha & Kabbalat Shabbat — 4:45 PM

Saturday, November 7

Shacharit — 9:15 AM

Mincha — 4:20 PM

Havdalah — 5:44 PM

Sunday, November 8

Shacharit — 8:30 AM

Mincha/Maariv — 4:45 PM

CALENDAR OF EVENTS

Friday, November 6

4:44 PM | Candle Lighting

4:45 PM | Mincha & Kabbalat Shabbat

Saturday, November 7

9:15 AM | Shacharit with a Dvar Torah from Maharat Ruth (followed by a Kiddush Lite)

3:20 PM | Daf Yomi

3:50 PM | Shiur with Chaim Fruchter

4:20 PM | Mincha, followed by Seudah Shlishit with a Shiur from Aharon Botzer: "Stop, Look, and Listen: The Ancient Stones of Tzfat Do Speak"

4:40 PM | MAKOM Shabbaton Preparation Workshop #2 (Chevruta with Parent, led by Aliza Sperling)

5:44 PM | Havdalah

Sunday, November 8

8:30 AM | Shacharit

9:00 AM | Flu Vaccine Clinic Opens (please see page 1 for more details)

9:15 AM | Brunch and Lecture with Guest Scholar Rabbi Joseph Friedman

(please see page 1 for more details)

4:45 PM | Mincha/Maariv

Monday, November 9

6:30 AM | Shacharit

7:30 PM | Maariv

Tuesday, November 10

6:30 AM | Shacharit

7:30 PM | Maariv

Wednesday, November 11 (Veteran's Day)

6:30 AM | Shacharit

4:45 PM | Mincha/Maariv

8:00 PM | Board Meeting and Strategic Planning Session

Thursday, November 12

6:30 AM | Shacharit

7:30 PM | Maariv

Friday, November 13

6:30 AM | Shacharit

4:38 PM | Candle Lighting

4:40 PM | Mincha & Kabbalat Shabbat

Saturday, November 14

Adin Sacho-Tanzer's Bar Mitzvah

9:15 AM | Shacharit with a Dvar Torah from Adin Sacho-Tanzer (followed by a Kiddush Luncheon)

3:10 PM | Daf Yomi

3:40 PM | Shiur with Chaim Fruchter

4:10 PM | Mincha, followed by Seudah Shlishit with a Shiur from Adin Sacho-Tanzer

5:34 PM | Havdalah

Synagogue Office
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UPCOMING EVENTS

Three Week Class: Midrash on the Parsha

Nov. 4, 11, & 18 | 7:45 PM

Please join us for a three week class taught by Baruch Roth.

OSTNS Board Meeting & Strategic Planning Session

Wednesday, Nov. 11 | 8:00 PM

Open to all who want to attend.

Raising Our Children with Healthy Body Image

with Dr. Alisa Schwartz | Tuesday, Nov. 17 | 8:00 PM

This talk will focus on steps parents can take to help our children feel positively about their body image. For more information, please visit:

<http://ostns.org/Calendar/Detail/410/2015-11-17>

JFGH Party | Wednesday, Nov. 17 | 7:00 PM

Join us for live music and dinner! No RSVP required.

MAKOM Shabbaton | Nov. 20 — 21

The girls of our community, grades K—12, are invited to participate in this opportunity to spiritually enhance the congregation. For more information, please visit:

<http://ostns.org/Calendar/Detail/409/2015-11-20>

To RSVP for the **MAKOM Friday Night Dinner**, please visit:

<http://ostns.org/Calendar/Detail/421/2015-11-20>

DC Metro Area Jewish Day School Open House

Sunday, Nov. 15 | 10:30 AM — 12:30 PM

For more information, including a list of the schools that will be in attendance, and event registration, please visit:

<http://ostns.org/Calendar/Detail/411/2015-11-15>

East Rock Creek Village Volunteer Training

Sunday, Nov. 15 | 1:00 — 5:00 PM

OSTNS will host a volunteer training for the senior living village currently in formation covering areas east of Rock Creek. RSVP to Susan Learmonth at (202) 271-1309 or susan.learmonth@gmail.com.

In Shifra's Arms: Drawings & Desserts

Sunday, Nov. 15 | 7:30 — 9:30 PM

Join In Shifra's Arms, a unique Jewish National Organization dedicated to helping vulnerable Jewish pregnant women to create a positive future for themselves and their children, as they launch their first national web commercial and host an art show and contest. Co-sponsored by *Ohev Shalom*.

For more information about event registration and art contest submissions, please visit:

<http://inshifrasarms.org/event/launch>

ONGOING CLASS SCHEDULE

Daf Yomi

Meets daily; contact RabbiShmuel@ostns.org for times

Parsha Class for Women with Rabbi Herzfeld

Weekly on Mondays, 12:30 PM

Hebrew Reading Class with Rabbi Jonathan Hack

Weekly on Tuesdays (through December 15), 7:45 PM

Downtown Torah Study with Rabbi Herzfeld

Weekly on Wednesdays, 12:30 PM
(meets at 607 14th Street, NW, Suite 800)

Proverbs Class with Sherri Vishner

Weekly on Wednesdays, 7:45 PM

Shabbat Shiur with Chaim Fruchter

Weekly on Saturdays, 30 minutes before Mincha

Class with Rabbi Ben Mintz

Weekly on Sundays, 9:30 AM