



# SHABBAT SHPIEL

OHEV SHOLOM – THE NATIONAL SYNAGOGUE

Volume 5, Issue 26

March 21, 2014

## ANNOUNCEMENTS

Please join us as we welcome Guest Scholar Dr. David Pelcovitz for our 5th Annual David and Sarah Portnoi Memorial Lecture!

*Dr. Pelcovitz holds the Gwendolyn and Joseph Straus Chair in Psychology and Jewish Education at the Azrieli Graduate School of Jewish Education and Administration at Yeshiva University. He is also special assistant to President Richard M. Joel. In addition, Dr. Pelcovitz is an instructor in pastoral counseling at the Rabbi Isaac Elchanan Theological Seminary. Serving for more than two decades as director of psychology at North Shore University Hospital-NYU School of Medicine & clinical professor of psychology at NYU School of Medicine, Dr. Pelcovitz has consulted extensively with the Jewish community in the United States, Europe and Israel on a wide range of issues facing children and adolescents. He received his PhD from the University of PA and has published and lectured extensively on a variety of topics related to education, parenting and child mental health. His areas of research and clinical specialty include family violence, the impact of domestic violence, stress management, transmitting values to children and adolescents and coping with trauma and loss. His most recent publication was *Balanced Parenting*, a book he wrote in collaboration with his father, Rabbi Raphael Pelcovitz, on parenting from a Jewish perspective.*

This Week's Kiddush Lunch is Sponsored by Chaim, Sara, Reuven, Tamar, Saadya, and Becca Zakheim with Barbara Zakheim in Honor of the 5th Annual David and Sarah Portnoi Memorial Lecture (and in Celebration of Ronnie Kleinfeldt's Birthday!)

Ohev Members: Have you picked up your Purim basket and letter yet? If not, this Shabbat is the perfect time! There is a display in the front hallway. Please find your letter in the accordion file (letters are sorted alphabetically by last name) and take a basket from the display table.

Happy Birthday to... Nili Auerbach, Binyamin Broth, Judah Goldwasser, Natalie Hochstein, Zachary Levy, Charles Mendelsohn, Raviv Pelman, Jack Reiter, Noach Schwartz, Noah Selvin, Maureen Stone, Rina Torchinsky, Aaron Troy, Maile Walder, and Ya'ara Weiss

## UPCOMING EVENTS

Shabbat March 28 – 29

Shabbaton with The Chai Notes – The Jewish A Cappella Group from Cornell University (featuring Ohev member Aaron Troy!) Please join us for this special event. Services on Friday evening will be followed by a communal dinner with Tifereth Israel as well as an oneg and a concert by The Chai Notes. To register for this dinner, please contact the front office or use our online registration tool. The cost is \$12 per adult and free for children under 12. There will be a second concert by The Chai Notes after lunch on Shabbat day. They will also lead us in a communal Havdalah after Maariv. We hope you can join us!

Sunday, March 30 | 3 PM

Screening and Panel Discussion of V'Ahavta: And Thou Shalt Love – The 30 Minute Short that won the Jewish Film Festival prize  
Sponsored by Eshel

Sunday, April 6 | 10 AM – 12 PM

Good Deeds Day at Ohev Sholom!  
Featuring family friendly projects such as crafts for ill children; Passover activities; and food, clothing, and toiletry donations & sorting

PARSHA – Shemini

Friday, March 21

Candle Lighting – 7:03 PM

Mincha & Kabbalat Shabbat – 6:45 PM

Saturday, March 22

Mashkimin – 7:30 AM

Shacharit – 9:15 AM

followed by a Dvar Torah from Guest Scholar Dr. David Pelcovitz and a Kiddush Lunch

Mincha – 6:45 PM

Havdalah – 8:05 PM

Sunday, March 23

Shacharit – 8:30 AM

Mincha/Maariv – 7:10 PM

## CALENDAR OF EVENTS

### Saturday, March 22

*Please join us at Ohev as we welcome Dr. David Pelcovitz for our Fifth Annual David and Sarah Portnoi Memorial Lecture*

7:30 AM Mashkimin  
9:15 AM Shacharit followed by a Dvar Torah from Dr. David Pelcovitz:

*Resilience in the Face of Loss: Psychological & Jewish Insights*  
(followed by a Communal Lunch)

6:15 PM Shabbat Shiur with Chaim Fruchter

6:45 PM Mincha followed by Seuda Shlishit and a Dvar Torah from Dr. David Pelcovitz:

*How to Make Room for Uniqueness and Different Trajectories of Religious Growth (or Otherwise) in our Family Members*

8:05 PM Havdalah

### Sunday, March 23

8:30 AM Shacharit

7:10 PM Mincha/Maariv

7:30 PM OSTNS Book Club

*Featuring a discussion of The Prime Ministers by Yehuda Avner. Open to all.*

### Monday, March 24 — Thursday, March 27

6:30 AM Shacharit

7:10 PM Mincha/Maariv

### Friday, March 28

*Please join us as we welcome The Chai Notes — Cornell University's Jewish A Cappella Group (featuring Ohev member Aaron Troy!) — for a Shabbaton*

6:30 AM Shacharit

6:45 PM Mincha & Kabbalat Shabbat

7:10 PM Candle Lighting

*Services will be followed by a communal dinner with Tifereth Israel as well as an oneg and a concert by The Chai Notes. To register for this dinner, please contact the front office or use our online registration tool. The cost is \$12 per adult and free for children under 12.*

*There will be a second concert by The Chai Notes after lunch on Shabbat day (March 29). The Chai Notes will also lead us in a communal Havdalah after Maariv. We hope you can join us!*

## PESACH AT OSTNS

Pesach may still be a few weeks away, but registration for Ohev Sholom's communal seder is now open! This event is free and open to everyone. You can register for the dinner by contacting the shul office (202-882-7225 or [samara.schreiner@ostns.org](mailto:samara.schreiner@ostns.org)) or by using our online registration tool:

<http://www.ostns.org/Calendar/Detail/201/2014-04-14.php>

Our wine and matzoh fundraisers are also up and running! This is an opportunity to order your wine and shmurah matzoh at discounted prices and support the shul at the same time. Please visit our website for more details or take an order form from our wall of flyers outside the main sanctuary. Orders for both wine and matzoh are due today (Friday, March 21).

There will also be opportunities at Ohev to bake your own shmurah matzoh:

*Sunday, April 6, 10 AM*

*Wednesday, April 9, 7:45 PM*

*Thursday, April 10, during Shorashim*

*Monday, April 14, 1 PM*

If you'd like to join us, contact the front office!

## CLASS SCHEDULE

### Daf Yomi

Meets Daily: Sunday, 45 minutes before Mincha; Monday, Tuesday, Wednesday and Thursday, following Mincha/Maariv; Friday, 5:45 AM; Saturday, following lunch

### Parsha Class for Women with Rabbi Herzfeld

Weekly on Mondays, 12:30 — 1:30 PM

### Hebrew Reading Course with Rabbi Jon Hack

10 Tuesdays beginning 1/14, 7:45 — 8:45 PM

### Rabbi Herzfeld's Downtown Torah Class

Weekly on Wednesdays, 12:30 — 1:30 PM

Meets at 607 14th Street, NW

### OSTNS Wednesday Night Learning

Weekly on Wednesdays, following Mincha/Maariv

### Shabbat Shiur with Chaim Fruchter

Weekly on Saturdays, 30 minutes before Mincha

### Class with Rabbi Ben Mintz

Weekly on Sundays, 9:30 AM